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## P4\_8 The Coldest Shoulder

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### Abstract

In this paper, we investigate the claim that a person would freeze in the presence of the pokémon Regice. We determined that a room with arbitrary dimensions  $5\text{m}\times 5\text{m}\times 3\text{m}$  containing a Regice would reach a temperature of  $134\text{ K}$ , plus if a person were to be placed into this room, they would completely freeze after 2.86 hours.

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### Introduction

The pokémon Regice is claimed to be able to control air as cold as  $-328^\circ\text{F}$  [1], which is equivalent to about  $73.2\text{ K}$ . In addition to this, things will freeze solid just by going near this Pokémon [1]. In this paper, we investigate these claims by calculating how long it would take a person in a room with Regice to become completely frozen.

### Theory

To investigate how long it would take a human to freeze in a room with Regice, we considered what the temperature of a room with the arbitrary dimensions of  $5\text{m}\times 5\text{m}\times 3\text{m}$  would be if it reached thermal equilibrium with Regice. For these calculations, we will be assuming that Regice has a temperature equal to the frigid winds it can control ( $73.2\text{ K}$ ).

As the energy in the room can only flow between the air and Regice, the energy lost by the air must be the same as the energy gained by Regice. This energy can be found by using:

$$Q = -m_a c_a \Delta T_a = m_{RCR} \Delta T_R, \quad (1)$$

where  $Q$  is the energy required,  $m$  is the mass of the object,  $c$  is the specific heat capacity of

the object and  $\Delta T$  is the change in temperature of the object, with the subscripts  $a$  and  $R$  representing the air and Regice respectively. Equation (1) can then be rearranged for  $\Delta T_R$ :

$$\Delta T_R = \frac{-m_a c_a \Delta T_a}{m_{RCR}}. \quad (2)$$

The total change in the temperature needed to reach thermal equilibrium will be the difference between the initial temperature of the air ( $T_a$ ), the initial temperature of Regice ( $T_R$ ) and the total change in temperature (which must be equal to the sum of  $\Delta T_a$  and  $\Delta T_R$ ), which means:

$$T_a - T_R = \Delta T_a + \Delta T_R. \quad (3)$$

By substituting Equation (2) into Equation (3) and rearranging for  $\Delta T_a$ , we find that:

$$T_a - T_R = \left(1 - \frac{m_a c_a}{m_{RCR}}\right) \Delta T_a. \quad (4)$$

$T_a$  was taken to be  $300\text{ K}$ , as this is a reasonable temperature for a room,  $T_R$  was taken to be  $73.2\text{ K}$ ,  $m_a$  was found by multiplying the volume of the room ( $75\text{ m}^3$ ) by the density of air ( $1.3\text{ kgm}^{-3}$ ) [2], which was found to be  $97.5\text{ kg}$ ,

$m_R$  was 175 kg [1],  $c_a$  was 1005  $Jkg^{-1}K^{-1}$  [3] and  $c_R$  was taken to equal to the specific heat capacity of ice which is 2090  $Jkg^{-1}K^{-1}$  [3], as Regice is also claimed to be made of ice [4]. Using these values and by rearranging Equation (4), we found that  $\Delta T_a$  was equal to 166  $K$ . This value for  $\Delta T_a$  was then subtracted from  $T_a$  to find a value for the final temperature of the air in the room to be 134  $K$ .

If a person were to be placed into this room, they would begin to lose heat to the cold air in the room. The time taken for a person to lose a given amount of heat can be found using [5]:

$$\frac{dQ}{dt} = -kA \frac{dT_P}{dx}, \quad (5)$$

where  $k$  is the thermal conductivity,  $A$  is the surface area of the person,  $dT_P$  is the temperature difference between the person and the air and  $dx$  is the distance between the surface of the person and the centre of the person. To simplify calculations, we assumed that the person was entirely composed of water. As we were calculating the amount of energy needed to freeze a person we needed to find how much energy would need to be lost to reduce the person's core temperature from about 310  $K$  to the freezing point of water (273  $K$ ). This was done using the equation:

$$Q = m_{PCP} \Delta T_P, \quad (6)$$

where the subscript  $P$  denotes a value related to the person and by taking the values of  $m_P = 62$  kg [6],  $c_P = 4180$   $Jkg^{-1}K^{-1}$  [3] and  $\Delta T_P = 37$   $K$ . This gave us a value for  $Q$  of  $9.59 \times 10^6$   $J$ . We then took values of 0.592  $J s^{-1} m^{-1} K^{-1}$  for  $k$  [7], 1.79  $m^2$  for  $A$  [8] and we used half of the average shoulder to shoulder distance, which is 0.205  $m$  [9], for  $dx$ . Using these values, and by rearranging Equation (5), we found the time needed to freeze a person as being around 2.86 hours.

## Results

While our results show that a person will freeze in these conditions, they also show that a person will not freeze just by going near Regice.

A substantial amount of time is needed to completely freeze a person under these conditions.

In our calculations, we ignored the energy required to change the state of a substance. There were a number of places where this would have affected our results, for instance at temperatures as low as 134  $K$ , it is possible that some of the gases that make up the air would have changed state to a liquid, and there would have been additional energy required to change the state of the person from liquid water to ice.

## Conclusion

We found that a human would become completely frozen in 2.86 hours if they were to enter a room that had reached thermal equilibrium with Regice. This goes against the statement that things will freeze just by going near Regice, as a person would have to stay near Regice for nearly 3 hours to become frozen.

## References

- [1] Pokémon Sapphire, Game Freak, 2002
- [2] [https://www.engineeringtoolbox.com/density-specific-weight-gravity-d\\_290.html](https://www.engineeringtoolbox.com/density-specific-weight-gravity-d_290.html)
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- [4] Pokémon Emerald, Game Freak, 2004
- [5] <https://www.physicsclassroom.com/class/thermalP/\Lesson-1/Rates-of-Heat-Transfer>
- [6] <https://bmcpublichealth.biomedcentral.com/articles/10.1186/1471-2458-12-439>
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